# **Quinton Township School District Physical Education**

#### Grade 7

## Pacing Chart/Curriculum MAP

**Key: Careers Technology Interdisciplinary Studies** 

Marking Period: 1	Unit Title: Soccer	Pacing: 5 Da	nys
-------------------	--------------------	--------------	-----

## **Unit Summary**:

The purpose of this course is to develop and enhance the skills necessary to enjoy the benefits of soccer as a lifetime physical activity. You will be able to play at a high level of performance while having fun with friends. You will appreciate soccer as one of the greatest sports in the world!

#### Objectives:

- The students will be able to learn basic team concepts such as offense, defense, creating a space, passing to a space and passing quickly.
- The students will be able to learn and perform basic soccer skills such as kicking with the inside of the foot, kicking with the instep, dribbling, and taking a throw in.
- The students will be able to demonstrate the understanding of the skills of soccer, (trapping, passing, dribbling, goal tending), rules used during the game of soccer.
- Students will be to interpret data by using a Fitbit.

What parts of fitness can be improved through participation in soccer?

What steps are taken to make participation in soccer as safe as possible?

What skills are necessary to be successful at Soccer?

What are the basic rules/strategies to play?

What are ways we can monitor our health?

#### **Common Core State Standards/Learning Targets:**

2.5.8.B.2-Assess the effectiveness of specific mental strategies applied to improve performance.

2.5.8.B.3-Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.

2.5.8.C.1-Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.

2.5.8.C.2-Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.

## **Standard 8.1 Educational Technology:**

- All students will use digital tools to access, manage, evaluate, and synthesize information in order to solve problems individually and collaborate and to create and communicate knowledge.
  - 9.2 Career Awareness, Exploration, and Preparation
  - This standard outlines the importance of being knowledgeable about one's interests and talents, and being well
    informed about postsecondary and career options, career planning, and career requirements.

Overview of Activities	Teacher's Guide/ Resources	Core Instructional Materials	Technology Infusion
Lesson 1 - Scooter Cage Ball Soccer	Curriculum Map	Soccer Balls, Cones, Goals, Pinnies	<ul><li>Music</li><li>Go Noodle</li><li>Fitbits</li><li>Ipad</li><li>SmartBoard App</li></ul>
Lesson 2 - Futsol	Curriculum Map	Soccer Balls, Cones, Goals, Pinnies	
Lesson 3 - Modified Gameplay	Curriculum Map	Soccer Balls, Cones, Goals, Pinnies	

Formative Assessment Plan	Summative Assessment Plan
Formative assessment informs instruction and is on going through a unit to determine how students are progressing with the high expectations of standards.	Summative assessment is an opportunity for students to demonstrate mastery of the skills taught during a particular unit.
	Final Assessment/Benchmark/Project:

Suggested activities to assess student progress:	Mid Year Benchmark End of Year Benchmark
Rubric Self Reflection	
Anecdotal Notes	

Special Education	ELL	At Risk	Gifted and Talented
RTI     Modify and accommodate as listed in student's IEP or 504 plan     Utilize effective amount of wait time     Hold high expectations     Communicate directions clearly and concisely and repeat, reword, modify as necessary.     Utilize open-ended questioning techniques     Utilize scaffolding to support instruction.     Chunk tasks into smaller components     Provide step by step instructions     Model and use visuals as	RTI     Speech/Language Therapy     Rosetta Stone     Hold high expectations     Provide English/Spanish     Dictionary for use     Place with Spanish speaking     teacher/paraprofessional as     available     Learn/Utilize/Display some     words in the students' native     language     Invite student to after school     tutoring sessions     Basic Skills Instruction     Utilize formative assessments     to drive instruction     Translate printed     communications for parents in     native language	RTI Tiered Interventions following RTI framework Support instruction with RTI intervention resources Provide after school tutoring services Basic Skills Instruction Hold high expectations Utilize Go Math! RTI strategies Fountas and Pinnell Phonics Hold parent conferences fall and spring Make modifications to instructional plans based on I and RS Plan. Develop a record system to encourage good behavior and completion of work. Establish a consistent and daily routine.	<ul> <li>Organize the curriculum to include more elaborate, complex, and in-depth study of major ideas and problems through Compacting.</li> <li>Allow for the development and application of productive thinking skills to enable students to re-conceptualize existing knowledge and/or generate new knowledge.</li> <li>Enable students to explore continually changing knowledge and information and develop the attitude that knowledge is worth pursuing in an open world.</li> <li>Encourage exposure to, selection and use of appropriate and specialized</li> </ul>

often as possible  Utilize extended time and/or reduce amount of items given for homework, quizzes, and tests.  Teach Tiers 1,2, and 3 words to assist students' understanding of instructional texts.  Utilize a variety of formative assessments to drive next point of instruction/differentiated instructional practices.  Create rubrics/allow students to assist with task, so that all are aware of expectations.  Create modified assessments.  Allow students to utilize online books, when available, to listen to oral recorded reading.  Provide individualized assistance as necessary.  Allow for group work (strategically selected) and collaboration as necessary.  Utilize homework recorder within SIS.  Allow for copies of notes to be shared out.  Utilize assistive technology as appropriate.  Provide meaningful feedback and utilize teachable moments.  Utilize graphic organizers Introduce/review study skills Provide reading material at or slightly above students' reading levels.  Utilize manipulatives as	Hold conferences with translator present     Utilize additional NJDOE resources/recommendations     Review Special Education listing for additional recommendations     Establish a consistent and daily routine	resources.  Promote self-initiated and self-directed learning and growth.  Provide for the development of self-understanding of one's relationships with people, societal institutions, nature and culture.  Continue to offer Accelerated Mathematics 7 (7th grade) and Algebra 1 (8th grade).

necessary.  Utilize auditory reminders as deemed necessary.  Provide breaks to allow for refocusing as necessary.  Establish a consistent and daily routine.		

Marking Period:1Unit Title:Ga Ga BallPacing:5 Days

**Unit Summary**: The purpose of this unit is for students to gain knowledge of different cultural activities or games. This unit will also refine skills such as striking, dodging, running, and jumping. This is a great unit to help with coordination and movements throughout space in a confined area.

- Objectives:
- Students will learn how to apply skill concepts into gameplay setting
- Students will learn how to utilize spatial awareness
- Students will improve striking skills focusing on accuracy
- Students will be to interpret data by using a Fitbit.

Where did Ga Ga Ball originate?

What attacking skills do you use?

What skills are essential in this game?

How is honesty a part of sportsmanship?

How does honesty improve gameplay?

What are ways we can monitor our health?

# **Common Core State Standards/Learning Targets:**

- 2.5.8.C.3 Analyze the impact of different world cultures on present-day games, sports, and dance.
- 2.5.8.C.2 Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.
- 2.5.8.B.1 Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings.
- 2.5.8.C.1 Assess player behavior for evidence of sportsmanship in individual, small- group, and team activities.
  - 9.2 Career Awareness, Exploration, and Preparation
  - This standard outlines the importance of being knowledgeable about one's interests and talents, and being well informed about postsecondary and career options, career planning, and career requirements.

# **Standard 8.1 Educational Technology:**

• All students will use digital tools to access, manage, evaluate, and synthesize information in order to solve problems

individually and collaborate and to create and communicate knowledge.

Overview of Activities	Teacher's Guide/ Resources	Core Instructional Materials	Technology Infusion
Lesson 1 - Skillwork	Curriculum Map	Ga Ga Pit, Ball	<ul> <li>Music</li> <li>Go Noodle</li> <li>Fitbits</li> <li>Ipad</li> <li>SmartBoard App</li> </ul>
Lesson 2 - Modified Gameplay	Curriculum Map	Ga Ga Pit, Ball	
Lesson 3 - Gameplay	Curriculum Map	Ga Ga Pit, Ball	
Lesson 4 - Gameplay	Curriculum Map	Ga Ga Pit, Ball	

Formative Assessment Plan	Summative Assessment Plan
Formative assessment informs instruction and is on going through a unit to determine how students are progressing with the high expectations of standards.	Summative assessment is an opportunity for students to demonstrate mastery of the skills taught during a particular unit.
	Final Assessment/Benchmark/Project:

Suggested activities to assess student progress:

Rubric
Self Reflection
Anecdotal Notes

Mid Year Benchmark
End of Year Benchmark

Special Education	ELL	At Risk	Gifted and Talented
RTI     Modify and accommodate as listed in student's IEP or 504 plan     Utilize effective amount of wait time     Hold high expectations     Communicate directions clearly and concisely and repeat, reword, modify as necessary.     Utilize open-ended questioning techniques     Utilize scaffolding to support instruction.     Chunk tasks into smaller components     Provide step by step instructions     Model and use visuals as often as possible	RTI     Speech/Language Therapy     Rosetta Stone     Hold high expectations     Provide English/Spanish     Dictionary for use     Place with Spanish speaking     teacher/paraprofessional as     available     Learn/Utilize/Display some     words in the students' native     language     Invite student to after school     tutoring sessions     Basic Skills Instruction     Utilize formative assessments     to drive instruction     Translate printed     communications for parents in     native language     Hold conferences with	RTI Tiered Interventions following RTI framework Support instruction with RTI intervention resources Provide after school tutoring services Basic Skills Instruction Hold high expectations Utilize Go Math! RTI strategies Fountas and Pinnell Phonics Hold parent conferences fall and spring Make modifications to instructional plans based on I and RS Plan. Develop a record system to encourage good behavior and completion of work. Establish a consistent and daily routine.	Organize the curriculum to include more elaborate, complex, and in-depth study of major ideas and problems through Compacting.      Allow for the development and application of productive thinking skills to enable students to re-conceptualize existing knowledge and/or generate new knowledge.      Enable students to explore continually changing knowledge and information and develop the attitude that knowledge is worth pursuing in an open world.      Encourage exposure to, selection and use of appropriate and specialized

Utilize extended time and/or reduce amount of items given for homework, quizzes, and tests.     Teach Tiers 1,2, and 3 words to assist students' understanding of instructional texts.     Utilize a variety of formative assessments to drive next point of instruction/differentiated instructional practices.     Create rubrics/allow students to assist with task, so that all are aware of expectations.     Create modified assessments.	translator present  Utilize additional NJDOE resources/recommendations  Review Special Education listing for additional recommendations  Establish a consistent and daily routine

Allow students to utilize online books, when available, to listen to oral recorded

Provide individualized assistance as necessary. Allow for group work (strategically selected) and collaboration as necessary. Utilize homework recorder

Allow for copies of notes to

Utilize assistive technology

Utilize graphic organizers
Introduce/review study skills
Provide reading material at or
slightly above students'
reading levels.
Utilize manipulatives as

Provide meaningful feedback and utilize teachable

reading.

within SIS.

moments.

necessary.

be shared out.

as appropriate.

Establish a consistent and daily routine		

resources. Promote self-initiated and self-directed learning and growth. Provide for the development of self-understanding of one's relationships with people, societal institutions, nature and culture. Continue to offer Accelerated Mathematics 7 (7th grade) and Algebra 1 (8th grade).

deemed Provide I refocusii	nditory reminders as necessary. breaks to allow for ng as necessary. n a consistent and tine.		

Marking Period: 2	Unit Title: Lifelong Fitne	Pacing:	4 Days
-------------------	----------------------------	---------	--------

**Unit Summary**: In this unit students will be learning fitness activities that they can use throughout their lifetime. It is important at all ages to maintain a level of activity to benefit health. This unit will give them different activities that can be done at almost any age.

- Objectives:
- The students will be able to use proper mechanics of frisbee to complete the game task
- The students will be able to improve scores from round to round
- The students will be able to understand the significance of how these activities contribute to fitness
- Students will be to interpret data by using a Fitbit.

What is the significance of lifelong fitness?

How can lifelong fitness help us stay healthy?

What physical benefits do we gain from these activities?

What are ways we can monitor our health?

## **Common Core State Standards/Learning Targets:**

2.6.8.A.1 Summarize the short- and long-term physical, social, and emotional benefits of regular physical activity.

2.6.8.A.2 Use health data to develop and implement a personal fitness plan and evaluate its effectiveness.

2.6.8.A.3

Analyze how medical and technological advances impact personal fitness.

2.6.8.A.5 Use the primary principles of training (FITT) for the purposes of modifying personal levels of fitness.

- 9.2 Career Awareness, Exploration, and Preparation
- This standard outlines the importance of being knowledgeable about one's interests and talents, and being well informed about postsecondary and career options, career planning, and career requirements

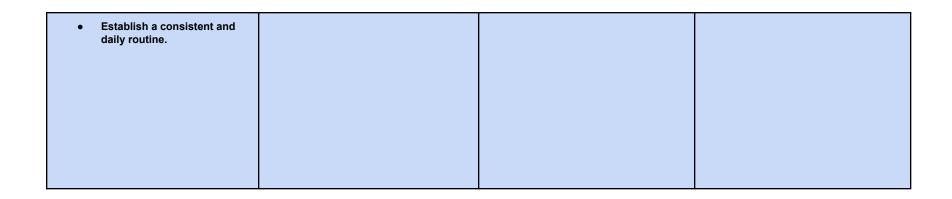
# **Standard 8.1 Educational Technology:**

Overview of Activities	Teacher's Guide/ Resources	Core Instructional Materials	Technology Infusion
Lesson 1 - Fitness Bowling	Curriculum Map	Bowling Balls, Pins, Mats, Cones	<ul> <li>Music</li> <li>Go Noodle</li> <li>Fitbits</li> <li>Ipad</li> <li>SmartBoard App</li> </ul>
Lesson 2 -Frisbee Golf	Curriculum Map	Frisbee, Cones, Scorecards, Pencils	
Lesson 3 - Wildcat Open Tournament	Curriculum Map	Frisbee, Cones, Scorecards, Pencils	

Formative Assessment Plan	Summative Assessment Plan
Formative assessment informs instruction and is on going through a unit to determine how students are progressing with the high expectations of standards.	Summative assessment is an opportunity for students to demonstrate mastery of the skills taught during a particular unit.
	Final Assessment/Benchmark/Project:
Suggested activities to assess student progress:	Mid Year Benchmark End of Year Benchmark

Rubric	
<b>Self Reflection</b>	
Anecdotal Notes	

Special Education	ELL	At Risk	Gifted and Talented
RTI     Modify and accommodate as listed in student's IEP or 504 plan     Utilize effective amount of wait time     Hold high expectations     Communicate directions clearly and concisely and repeat, reword, modify as necessary.     Utilize open-ended questioning techniques     Utilize scaffolding to support instruction.     Chunk tasks into smaller components     Provide step by step instructions     Model and use visuals as often as possible     Utilize extended time and/or reduce amount of items given for homework, quizzes, and tests.	RTI Speech/Language Therapy Rosetta Stone Hold high expectations Provide English/Spanish Dictionary for use Place with Spanish speaking teacher/paraprofessional as available Learn/Utilize/Display some words in the students' native language Invite student to after school tutoring sessions Basic Skills Instruction Utilize formative assessments to drive instruction Translate printed communications for parents in native language Hold conferences with translator present Utilize additional NJDOE resources/recommendations Review Special Education	RTI Tiered Interventions following RTI framework Support instruction with RTI intervention resources Provide after school tutoring services Basic Skills Instruction Hold high expectations Utilize Go Math! RTI strategies Fountas and Pinnell Phonics Hold parent conferences fall and spring Make modifications to instructional plans based on I and RS Plan. Develop a record system to encourage good behavior and completion of work. Establish a consistent and daily routine.	Organize the curriculum to include more elaborate, complex, and in-depth study of major ideas and problems through Compacting.      Allow for the development and application of productive thinking skills to enable students to re-conceptualize existing knowledge and/or generate new knowledge.      Enable students to explore continually changing knowledge and information and develop the attitude that knowledge is worth pursuing in an open world.      Encourage exposure to, selection and use of appropriate and specialized resources.      Promote self-initiated and self-directed learning and growth.



<b>Marking Period:</b> 2
--------------------------

**Unit Summary**: This unit will teach students the primary fundamental concepts of puff polo. In this unit students will learn the very basics of the game. They will also be learning skills such as passing, dribbling, and shooting in puff polo. This unit will allow them to work on individual skills as well as learn good characteristics of being a teammate. We will be learning the fundamentals of gameplay.

- Objectives:
- Students will be able to position themselves throughout the gameplay area for success.
- Students will know when to apply defensive strategies during gameplay
- Students will know when to apply offensive strategies during gameplay
- Students will be to interpret data by using a Fitbit.

What is the purpose of positioning?

What kind of strategies can be used for offensive purposes?

What kind of strategies can be used for defensive purposes?

How can we counter strategies from the other team?

What are ways we can monitor our health?

## **Common Core State Standards/Learning Targets:**

2.5.8.B.3-Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.

2.5.8.C.1-Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.

2.5.8.C.2-Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.

- 9.2 Career Awareness, Exploration, and Preparation
- This standard outlines the importance of being knowledgeable about one's interests and talents, and being well informed about postsecondary and career options, career planning, and career requirements.

## **Standard 8.1 Educational Technology:**

Overview of Activities	Teacher's Guide/ Resources	Core Instructional Materials	Technology Infusion
Lesson 1 - Keep Away	Curriculum Map	Puff Polo Sticks, Pinnies, Cones, Balls	<ul><li>Music</li><li>Go Noodle</li><li>Fitbits</li><li>Ipad</li><li>SmartBoard App</li></ul>
Lesson 2 - Modified Gameplay	Curriculum Map	Puff Polo Sticks, Pinnies, Cones, Balls	
Lesson 3 Gameplay	Curriculum Map	Puff Polo Sticks, Pinnies, Cones, Balls	
Lesson 4 - Gameplay	Curriculum Map	Puff Polo Sticks, Pinnies, Cones, Balls	

Formative Assessment Plan	Summative Assessment Plan
Formative assessment informs instruction and is on going through a unit to determine how students are progressing with the high expectations of standards.	Summative assessment is an opportunity for students to demonstrate mastery of the skills taught during a particular unit.
	Final Assessment/Benchmark/Project:
Suggested activities to assess student progress:	Mid Year Benchmark End of Year Benchmark
Rubric	End of Ital Delicinary

# **Self Reflection Anecdotal Notes**

<b>Special Education</b>	ELL	At Risk	Gifted and Talented
<ul> <li>RTI</li> <li>Modify and accommodate as listed in student's IEP or 504 plan</li> <li>Utilize effective amount of wait time</li> <li>Hold high expectations</li> <li>Communicate directions clearly and concisely and repeat, reword, modify as necessary.</li> <li>Utilize open-ended questioning techniques</li> <li>Utilize scaffolding to support instruction.</li> <li>Chunk tasks into smaller components</li> <li>Provide step by step instructions</li> <li>Model and use visuals as often as possible</li> <li>Utilize extended time and/or reduce amount of items given for homework, quizzes, and tests.</li> <li>Teach Tiers 1,2, and 3 words</li> </ul>	RTI Speech/Language Therapy Rosetta Stone Hold high expectations Provide English/Spanish Dictionary for use Place with Spanish speaking teacher/paraprofessional as available Learn/Utilize/Display some words in the students' native language Invite student to after school tutoring sessions Basic Skills Instruction Utilize formative assessments to drive instruction Translate printed communications for parents in native language Hold conferences with translator present Utilize additional NJDOE resources/recommendations Review Special Education listing for additional	RTI Tiered Interventions following RTI framework Support instruction with RTI intervention resources Provide after school tutoring services Basic Skills Instruction Hold high expectations Utilize Go Math! RTI strategies Fountas and Pinnell Phonics Hold parent conferences fall and spring Make modifications to instructional plans based on I and RS Plan. Develop a record system to encourage good behavior and completion of work. Establish a consistent and daily routine.	<ul> <li>Organize the curriculum to include more elaborate, complex, and in-depth study of major ideas and problems through Compacting.</li> <li>Allow for the development and application of productive thinking skills to enable students to re-conceptualize existing knowledge and/or generate new knowledge.</li> <li>Enable students to explore continually changing knowledge and information and develop the attitude that knowledge is worth pursuing in an open world.</li> <li>Encourage exposure to, selection and use of appropriate and specialized resources.</li> <li>Promote self-initiated and self-directed learning and growth.</li> <li>Provide for the development of self-understanding of one's</li> </ul>

daily routine.		

Marking Period:2 and 3Unit Title:BasketballPacing:4 Days

**Unit Summary**: In this unit students will be learning a variety of different skills. Students will be participating in activities that will provide basics for dribbling, shooting, and passing the basketball. These skills will help them develop an understanding for the game. Basketball is an activity students, and adults can use as a lifelong sport to remain active.

- Objectives:
- The students will be able to implement skills into gameplay
- The students will be able to implement three different types of passes into gameplay
- The students will be able to utilize spacing on the court.
- Students will be to interpret data by using a Fitbit.

# **Essential Questions:**

Why is spacing and movement essential?

How can good shooting form lead to success?

Why do we use the backboard on angled shots?

Why do lead-up skills and games make the unit of basketball more enjoyable?

What are ways we can monitor our health?

## **Common Core State Standards/Learning Targets:**

2.5.8.A.2-Apply the concepts of force and motion (weight transfer, power, speed, agility, range of motion) to impact performance.

2.5.8.B.1-Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings.

2.5.8.B.2-Assess the effectiveness of specific mental strategies applied to improve performance.

2.5.8.B.3-Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.

## **Interdisciplinary Connections/Including 21st Century Themes and Skills:**

- 9.2 Career Awareness, Exploration, and Preparation
- This standard outlines the importance of being knowledgeable about one's interests and talents, and being well informed about postsecondary and career options, career planning, and career requirements.

## **Standard 8.1 Educational Technology:**

Overview of Activities	Teacher's Guide/ Resources	Core Instructional Materials	Technology Infusion
------------------------	----------------------------	---------------------------------	---------------------

Lesson 1 - Speed Drill	Curriculum Map	Basketballs, Cones	<ul> <li>Music</li> <li>Go Noodle</li> <li>Fitbits</li> <li>Ipad</li> <li>SmartBoard App</li> </ul>
Lesson 2 - Shooting Circuit	Curriculum Map	Basketballs, Cones	
Lesson 3 - Celtic Games Lesson 4 - Modified Gameplay	Curriculum Map	Basketballs, Cones	

Formative Assessment Plan	Summative Assessment Plan
Formative assessment informs instruction and is on going through a unit to determine how students are progressing with the high expectations of standards.	Summative assessment is an opportunity for students to demonstrate mastery of the skills taught during a particular unit.
	Final Assessment/Benchmark/Project:
Suggested activities to assess student progress:  Rubric Self Reflection Anecdotal Notes	Mid Year Benchmark End of Year Benchmark

<b>Special Education</b>	ELL	At Risk	Gifted and Talented
RTI     Modify and accommodate as listed in student's IEP or 504 plan     Utilize effective amount of wait time     Hold high expectations     Communicate directions clearly and concisely and repeat, reword, modify as necessary.     Utilize open-ended questioning techniques     Utilize scaffolding to support instruction.     Chunk tasks into smaller components     Provide step by step instructions     Model and use visuals as often as possible     Utilize extended time and/or reduce amount of items given for homework, quizzes, and tests.     Teach Tiers 1,2, and 3 words to assist students' understanding of instructional texts.     Utilize a variety of formative assessments to drive next point of instruction/differentiated	RTI     Speech/Language Therapy     Rosetta Stone     Hold high expectations     Provide English/Spanish     Dictionary for use     Place with Spanish speaking     teacher/paraprofessional as     available     Learn/Utilize/Display some     words in the students' native     language     Invite student to after school     tutoring sessions     Basic Skills Instruction     Utilize formative assessments     to drive instruction     Translate printed     communications for parents in     native language     Hold conferences with     translator present     Utilize additional NJDOE     resources/recommendations     Review Special Education     listing for additional     recommendations     Establish a consistent and     daily routine	RTI Tiered Interventions following RTI framework Support instruction with RTI intervention resources Provide after school tutoring services Basic Skills Instruction Hold high expectations Utilize Go Math! RTI strategies Fountas and Pinnell Phonics Hold parent conferences fall and spring Make modifications to instructional plans based on I and RS Plan. Develop a record system to encourage good behavior and completion of work. Establish a consistent and daily routine.	Organize the curriculum to include more elaborate, complex, and in-depth study of major ideas and problems through Compacting.      Allow for the development and application of productive thinking skills to enable students to re-conceptualize existing knowledge and/or generate new knowledge.      Enable students to explore continually changing knowledge and information and develop the attitude that knowledge is worth pursuing in an open world.      Encourage exposure to, selection and use of appropriate and specialized resources.      Promote self-initiated and self-directed learning and growth.      Provide for the development of self-understanding of one's relationships with people, societal institutions, nature and culture.      Continue to offer Accelerated Mathematics 7 (7th grade) and Algebra 1 (8th grade).

-		
ш		
ш		
ш		
ш		
ш		
ш		
ш		
ш		
ш		

<b>Marking Period:</b> 3	Unit Title:	Throwing / Catching	Pacing:	4 Days
--------------------------	-------------	---------------------	---------	--------

**Unit Summary**: In the throwing and catching unit, students will be refining the necessary skills for throwing and catching an object. This unit will help with coordination as it lays the primary foundation for many sports they may partake in throughout their life.

- Objectives:
- Students will demonstrate balance to power point
- Students will know when it is important to have a firm foundation
- Students will improve hand eye coordination
- Students will be to interpret data by using a Fitbit.

- How is having a stable base essential?
- Why is balance important?
- What is power point?
- Why is good sportsmanship important in competition?
- What are ways we can monitor our health?

#### **Common Core State Standards/Learning Targets:**

2.5.8.A.1-Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities).

2.5.8.A.2-Apply the concepts of force and motion (weight transfer, power, speed, agility, range of motion) to impact performance.

2.5.8.B.2-Assess the effectiveness of specific mental strategies applied to improve performance.

2.5.8.B.3-Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.

- 9.2 Career Awareness, Exploration, and Preparation
- This standard outlines the importance of being knowledgeable about one's interests and talents, and being well informed about postsecondary and career options, career planning, and career requirements.

## **Standard 8.1 Educational Technology:**

Overview of Activities	Teacher's Guide/ Resources	Core Instructional Materials	Technology Infusion
Lesson 1 - Rebound Ball	Curriculum Map	Ball/Rebounder	<ul> <li>Music</li> <li>Go Noodle</li> <li>Fitbits</li> <li>Ipad</li> <li>SmartBoard App</li> </ul>
Lesson 2 - Pinball	Curriculum Map	Pins, Cones, Balls	
Lesson 3 -Razzle Dazzle Ball	Curriculum Map	Pinnies, Ball	
Lesson 4 - Castle Ball	Curriculum Map	Cones, Balls, Pins	

Formative Assessment Plan	Summative Assessment Plan
Formative assessment informs instruction and is on going through a unit to determine how students are progressing with the high expectations of standards.	Summative assessment is an opportunity for students to demonstrate mastery of the skills taught during a particular unit.
	Final Assessment/Benchmark/Project:
Suggested activities to assess student progress:  Rubric Self Reflection Anecdotal Notes	Mid Year Benchmark End of Year Benchmark

<b>Special Education</b>	ELL	At Risk	Gifted and Talented
<ul> <li>RTI</li> <li>Modify and accommodate as listed in student's IEP or 504 plan</li> <li>Utilize effective amount of wait time</li> <li>Hold high expectations</li> <li>Communicate directions clearly and concisely and repeat, reword, modify as necessary.</li> <li>Utilize open-ended questioning techniques</li> <li>Utilize scaffolding to support instruction.</li> <li>Chunk tasks into smaller components</li> <li>Provide step by step instructions</li> <li>Model and use visuals as often as possible</li> <li>Utilize extended time and/or reduce amount of items given for homework, quizzes, and tests.</li> <li>Teach Tiers 1,2, and 3 words to assist students' understanding of instructional texts.</li> <li>Utilize a variety of formative</li> </ul>	RTI     Speech/Language Therapy     Rosetta Stone     Hold high expectations     Provide English/Spanish     Dictionary for use     Place with Spanish speaking     teacher/paraprofessional as     available     Learn/Utilize/Display some     words in the students' native     language     Invite student to after school     tutoring sessions     Basic Skills Instruction     Utilize formative assessments     to drive instruction     Translate printed     communications for parents in     native language     Hold conferences with     translator present     Utilize additional NJDOE     resources/recommendations     Review Special Education     listing for additional     recommendations     Establish a consistent and     daily routine	RTI Tiered Interventions following RTI framework Support instruction with RTI intervention resources Provide after school tutoring services Basic Skills Instruction Hold high expectations Utilize Go Math! RTI strategies Fountas and Pinnell Phonics Hold parent conferences fall and spring Make modifications to instructional plans based on I and RS Plan. Develop a record system to encourage good behavior and completion of work. Establish a consistent and daily routine.	Organize the curriculum to include more elaborate, complex, and in-depth study of major ideas and problems through Compacting.      Allow for the development and application of productive thinking skills to enable students to re-conceptualize existing knowledge and/or generate new knowledge.      Enable students to explore continually changing knowledge and information and develop the attitude that knowledge is worth pursuing in an open world.      Encourage exposure to, selection and use of appropriate and specialized resources.      Promote self-initiated and self-directed learning and growth.      Provide for the development of self-understanding of one's relationships with people, societal institutions, nature and culture.      Continue to offer Accelerated

assessments to drive next point of instruction/differentiated instructional practices.  Create rubrics/allow students to assist with task, so that all are aware of expectations.  Create modified assessments.  Allow students to utilize online books, when available, to listen to oral recorded reading.  Provide individualized assistance as necessary.  Allow for group work (strategically selected) and collaboration as necessary.  Utilize homework recorder within SIS.  Allow for copies of notes to be shared out.  Utilize assistive technology as appropriate.  Provide meaningful feedback and utilize teachable moments.  Utilize graphic organizers Introduce/review study skills Provide reading material at or slightly above students' reading levels.  Utilize manipulatives as necessary.  Utilize auditory reminders as deemed necessary.		Mathematics 7 (7th grade) and Algebra 1 (8th grade).
reading levels.  Utilize manipulatives as necessary.  Utilize auditory reminders as		

Marking Period: 3	Unit Title:	Volleyball	Pacing:	4 Days
-------------------	-------------	------------	---------	--------

**Unit Summary**: In this unit students will be learning fundamental skills that will allow them to develop an understanding of volleyball. They will also be learning the basic rules and regulations for gameplay. This unit will focus on developing those skills, so as they grow older can compete in gameplay.

- Objectives:
- Students will be able to successfully start a game independently
- Students will be able to keep a volley during gameplay
- Students will implement proper sequence during gameplay
- Students will learn why it is important to use all three hits
- Students will be to interpret data by using a Fitbit.

- What skills do we need to use in volleyball to allow us to achieve our goals?
- Describe the importance of good listening skills in and out of physical education.
- What are some strategies we can use?
- How does omniken ball build muscle strength?
- What are ways we can monitor our health?

## **Common Core State Standards/Learning Targets:**

- 2.5.8.B.2-Assess the effectiveness of specific mental strategies applied to improve performance.
- 2.5.8.B.3-Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.
- 2.5.8.B.1 Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings.
- 2.5.6.B.3 Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.
  - 9.2 Career Awareness, Exploration, and Preparation
  - This standard outlines the importance of being knowledgeable about one's interests and talents, and being well informed about postsecondary and career options, career planning, and career requirements.

#### **Standard 8.1 Educational Technology:**

Overview of Activities	Teacher's Guide/ Resources	Core Instructional Materials	Technology Infusion
Lesson 1 - Modified Gameplay	Curriculum Map	Fuzzy Balls, Nets, Cones, Beach Balls, Balloons	<ul><li>Music</li><li>Go Noodle</li><li>Fitbits</li><li>Ipad</li><li>SmartBoard App</li></ul>
Lesson 2 - King of the Court	Curriculum Map	Fuzzy Balls, Nets, Cones, Beach Balls, Balloons	
Lesson 3 - Rattiball	Curriculum Map	Fuzzy Balls, Nets, Cones, Beach Balls,	
Lesson 4 -Omniken Ball	Curriculum Map	Fuzzy Balls, Nets, Cones, Beach Balls	

Formative Assessment Plan	Summative Assessment Plan
Formative assessment informs instruction and is on going through a unit to determine how students are progressing with the high expectations of standards.	Summative assessment is an opportunity for students to demonstrate mastery of the skills taught during a particular unit.
	Final Assessment/Benchmark/Project:
Suggested activities to assess student progress:	Mid Year Benchmark End of Year Benchmark

Rubric	
<b>Self Reflection</b>	
Anecdotal Notes	

Special Education	ELL	At Risk	Gifted and Talented
RTI     Modify and accommodate as listed in student's IEP or 504 plan     Utilize effective amount of wait time     Hold high expectations     Communicate directions clearly and concisely and repeat, reword, modify as necessary.     Utilize open-ended questioning techniques     Utilize scaffolding to support instruction.     Chunk tasks into smaller components     Provide step by step instructions     Model and use visuals as often as possible     Utilize extended time and/or reduce amount of items given for homework, quizzes, and tests.	RTI Speech/Language Therapy Rosetta Stone Hold high expectations Provide English/Spanish Dictionary for use Place with Spanish speaking teacher/paraprofessional as available Learn/Utilize/Display some words in the students' native language Invite student to after school tutoring sessions Basic Skills Instruction Utilize formative assessments to drive instruction Translate printed communications for parents in native language Hold conferences with translator present Utilize additional NJDOE resources/recommendations Review Special Education	RTI Tiered Interventions following RTI framework Support instruction with RTI intervention resources Provide after school tutoring services Basic Skills Instruction Hold high expectations Utilize Go Math! RTI strategies Fountas and Pinnell Phonics Hold parent conferences fall and spring Make modifications to instructional plans based on I and RS Plan. Develop a record system to encourage good behavior and completion of work. Establish a consistent and daily routine.	Organize the curriculum to include more elaborate, complex, and in-depth study of major ideas and problems through Compacting.      Allow for the development and application of productive thinking skills to enable students to re-conceptualize existing knowledge and/or generate new knowledge.      Enable students to explore continually changing knowledge and information and develop the attitude that knowledge is worth pursuing in an open world.      Encourage exposure to, selection and use of appropriate and specialized resources.      Promote self-initiated and self-directed learning and growth.

Establish a consistent and daily routine.		

Marking Period: 4	Unit Title: Pickleball	Pacing: 4 Days
-------------------	------------------------	----------------

**Unit Summary**: In this unit students will be learning the basics of Pickleball. Pickleball is a lifelong sport students will be able to play. This game is very similar to tennis and ping pong. This is a game that will improve hand eye coordination, as well as cardiovascular endurance.

- Objectives:
- The students will implement basic rules and strategies into gameplay
- The students will be able to use secondary shots during gameplay
- The students will improve cardiovascular endurance through running during the activity
- Students will be to interpret data by using a Fitbit.

# **Essential Questions:**

What types of spin can influence strategy?

What are secondary shots?

How can footwork be essential?

Why is hand eye coordination essential?

What are ways we can monitor our health?

## **Common Core State Standards/Learning Targets:**

2.5.8.B.2-Assess the effectiveness of specific mental strategies applied to improve performance.

2.5.8.B.3-Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.

2.5.8.B.1 Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings.

2.5.6.B.3 Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.

- 9.2 Career Awareness, Exploration, and Preparation
- This standard outlines the importance of being knowledgeable about one's interests and talents, and being well informed about postsecondary and career options, career planning, and career requirements.

# **Standard 8.1 Educational Technology:**

• All students will use digital tools to access, manage, evaluate, and synthesize information in order to solve problems individually and collaborate and to create and communicate knowledge.

Overview of Activities	Teacher's Guide/ Resources	Core Instructional Materials	Technology Infusion
Lesson 1 - See it Hit it	Curriculum Map	Pickleball Net, Whiffle Balls, Paddles, Cones	<ul><li>Music</li><li>Go Noodle</li><li>Fitbits</li><li>Ipad</li><li>SmartBoard App</li></ul>
Lesson 2 Grip/Ball Control	Curriculum Map	Pickleball Net, Whiffle Balls, Paddles, Cones	
Lesson 3 - Modified Gameplay	Curriculum Map	Pickleball Net, Whiffle Balls, Paddles, Cones	
Lesson 4 - Gameplay			

Formative Assessment Plan	Summative Assessment Plan
Formative assessment informs instruction and is on going through a unit to determine how students are progressing with the high expectations of standards.	Summative assessment is an opportunity for students to demonstrate mastery of the skills taught during a particular unit.
	Final Assessment/Benchmark/Project:
Suggested activities to assess student progress:	Mid Year Benchmark End of Year Benchmark

Rubric	
<b>Self Reflection</b>	
Anecdotal Notes	

# Differentiation

<b>Special Education</b>	ELL	At Risk	Gifted and Talented
RTI     Modify and accommodate as listed in student's IEP or 504 plan     Utilize effective amount of wait time     Hold high expectations     Communicate directions clearly and concisely and repeat, reword, modify as necessary.     Utilize open-ended questioning techniques     Utilize scaffolding to support instruction.     Chunk tasks into smaller components     Provide step by step instructions     Model and use visuals as often as possible     Utilize extended time and/or reduce amount of items given for homework, quizzes, and tests.	RTI Speech/Language Therapy Rosetta Stone Hold high expectations Provide English/Spanish Dictionary for use Place with Spanish speaking teacher/paraprofessional as available Learn/Utilize/Display some words in the students' native language Invite student to after school tutoring sessions Basic Skills Instruction Utilize formative assessments to drive instruction Translate printed communications for parents in native language Hold conferences with translator present Utilize additional NJDOE resources/recommendations Review Special Education	RTI Tiered Interventions following RTI framework Support instruction with RTI intervention resources Provide after school tutoring services Basic Skills Instruction Hold high expectations Utilize Go Math! RTI strategies Fountas and Pinnell Phonics Hold parent conferences fall and spring Make modifications to instructional plans based on I and RS Plan. Develop a record system to encourage good behavior and completion of work. Establish a consistent and daily routine.	Organize the curriculum to include more elaborate, complex, and in-depth study of major ideas and problems through Compacting.      Allow for the development and application of productive thinking skills to enable students to re-conceptualize existing knowledge and/or generate new knowledge.      Enable students to explore continually changing knowledge and information and develop the attitude that knowledge is worth pursuing in an open world.      Encourage exposure to, selection and use of appropriate and specialized resources.      Promote self-initiated and self-directed learning and growth.

Establish a consistent and daily routine.		

 Marking Period:
 4
 Unit Title:
 Baseball/Softball
 Pacing:
 4 Days

**Unit Summary**: In this unit students will be learning fundamentals of baseball/softball. This unit will teach students skills such as throwing, catching, running bases, kicking, striking, and fielding. Students will gain the fundamentals necessary for them to partake in gameplay towards the end of this unit. Students will also learn how to work together as a team.

• Objectives:

- Students will be able to demonstrate a balance point
- Students will be able to utilize proper throwing strategies during gameplay
- Students will demonstrate how to use the proper part of their foot for striking the ball in conjunction staying balanced
- Students will be able to show proper catching skills during gameplay
- Students will be to interpret data by using a Fitbit.

#### **Essential Questions**:

- What are some strategies used in baseball?
- How can our kicking skills help us in this game?
- In what ways does kickball help us become more physically fit?
- What are ways we can monitor our health?

### **Common Core State Standards/Learning Targets:**

2.5.8.B.3-Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.

 $2.5.8.C.1 \hbox{-} Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.$ 

2.5.8.C.2-Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.

- 9.2 Career Awareness, Exploration, and Preparation
- This standard outlines the importance of being knowledgeable about one's interests and talents, and being well informed about postsecondary and career options, career planning, and career requirements.

# **Standard 8.1 Educational Technology:**

• All students will use digital tools to access, manage, evaluate, and synthesize information in order to solve problems individually and collaborate and to create and communicate knowledge.

Overview of Activities	Teacher's Guide/ Resources	Core Instructional Materials	Technology Infusion
Lesson 1 -Castleball	Curriculum Map	Cones, Balls, Polyspots, Hoops	<ul> <li>Music</li> <li>Go Noodle</li> <li>Fitbits</li> <li>Ipad</li> <li>SmartBoard App</li> </ul>
Lesson 2 - Kickball	Curriculum Map	Bat, Ball, Frisbee, Kickball, Bases, Cones	
Lesson 3 -Matball	Curriculum Map	Pins, cones, Balls	
Lesson 4 - Puff Polo Baseball	Curriculum Map	Ball, Bases, Cones	

Formative Assessment Plan	Summative Assessment Plan
Formative assessment informs instruction and is on going through a unit to determine how students are progressing with the high expectations of standards.	Summative assessment is an opportunity for students to demonstrate mastery of the skills taught during a particular unit.

	Final Assessment/Benchmark/Project:
Suggested activities to assess student progress:	Mid Year Benchmark End of Year Benchmark
Rubric	
Self Reflection	
Anecdotal Notes	

# Differentiation

Special Education	ELL	At Risk	Gifted and Talented
RTI     Modify and accommodate as listed in student's IEP or 504 plan     Utilize effective amount of wait time     Hold high expectations     Communicate directions clearly and concisely and repeat, reword, modify as necessary.     Utilize open-ended questioning techniques     Utilize scaffolding to support instruction.     Chunk tasks into smaller components     Provide step by step instructions	RTI     Speech/Language Therapy     Rosetta Stone     Hold high expectations     Provide English/Spanish     Dictionary for use     Place with Spanish speaking     teacher/paraprofessional as     available     Learn/Utilize/Display some     words in the students' native     language     Invite student to after school     tutoring sessions     Basic Skills Instruction     Utilize formative assessments     to drive instruction     Translate printed     communications for parents in	RTI Tiered Interventions following RTI framework Support instruction with RTI intervention resources Provide after school tutoring services Basic Skills Instruction Hold high expectations Utilize Go Math! RTI strategies Fountas and Pinnell Phonics Hold parent conferences fall and spring Make modifications to instructional plans based on I and RS Plan. Develop a record system to encourage good behavior and completion of work. Establish a consistent and	<ul> <li>Organize the curriculum to include more elaborate, complex, and in-depth study of major ideas and problems through Compacting.</li> <li>Allow for the development and application of productive thinking skills to enable students to re-conceptualize existing knowledge and/or generate new knowledge.</li> <li>Enable students to explore continually changing knowledge and information and develop the attitude that knowledge is worth pursuing in an open world.</li> <li>Encourage exposure to, selection and use of</li> </ul>

|--|

Marking Period: 4	Unit Title:	Cooperative	Pacing:	4 Days
-------------------	-------------	-------------	---------	--------

**Unit Summary**: In this unit students will be the necessary skills for cooperative learning. This is a very important unit in our year. This unit will teach them how to work with others to achieve the same goals, while being respectful to those who oppose us. We will learn sportsmanship and what it means to be a good winner and how to take defeat.

- Objectives:
- The students will learn importance of cooperation to achieve the same common goal/task
- The students will be able understand how different people obtain different roles
- The students will be able to show good communication strategies
- Students will be to interpret data by using a Fitbit.

#### **Essential Questions**:

What is the benefit of cooperating with others?

How can communicating make us more effective?

What are some ways we can form teams?

How does assigning different roles prior to gameplay, make us more effective?

What are ways we can monitor our health?

#### **Common Core State Standards/Learning Targets:**

2.5.8.B.1-Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings.

2.5.8.B.2-Assess the effectiveness of specific mental strategies applied to improve performance.

2.5.8.B.3-Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.

- 9.2 Career Awareness, Exploration, and Preparation
- This standard outlines the importance of being knowledgeable about one's interests and talents, and being well informed about postsecondary and career options, career planning, and career requirements.

#### **Standard 8.1 Educational Technology:**

• All students will use digital tools to access, manage, evaluate, and synthesize information in order to solve problems individually and collaborate and to create and communicate knowledge.

Overview of Activities	Teacher's Guide/ Resources	Core Instructional Materials	Technology Infusion
Lesson 1 -Bean Bag Tag	Curriculum Map	Cups	<ul> <li>Music</li> <li>Go Noodle</li> <li>Fitbits</li> <li>Ipad</li> <li>SmartBoard App</li> </ul>
Lesson 2 -Yoshi	Curriculum Map	Hula Hoops	
Lesson 3 - Steal the Pin	Curriculum Map	Giant ball, Cones	

Formative Assessment Plan	Summative Assessment Plan
Formative assessment informs instruction and is on going through a unit to determine how students are progressing with the high expectations of standards.	Summative assessment is an opportunity for students to demonstrate mastery of the skills taught during a particular unit.
	Final Assessment/Benchmark/Project:

Suggested activities to assess student progress:	Mid Year Benchmark End of Year Benchmark
Rubric Self Reflection Anecdotal Notes	

# Differentiation

Special Education	ELL	At Risk	Gifted and Talented
RTI Modify and accommodate as listed in student's IEP or 504 plan Utilize effective amount of wait time Hold high expectations Communicate directions clearly and concisely and repeat, reword, modify as necessary. Utilize open-ended questioning techniques Utilize scaffolding to support instruction. Chunk tasks into smaller components Provide step by step instructions Model and use visuals as often as possible Utilize extended time and/or	<ul> <li>RTI</li> <li>Speech/Language Therapy</li> <li>Rosetta Stone</li> <li>Hold high expectations</li> <li>Provide English/Spanish Dictionary for use</li> <li>Place with Spanish speaking teacher/paraprofessional as available</li> <li>Learn/Utilize/Display some words in the students' native language</li> <li>Invite student to after school tutoring sessions</li> <li>Basic Skills Instruction</li> <li>Utilize formative assessments to drive instruction</li> <li>Translate printed communications for parents in native language</li> <li>Hold conferences with translator present</li> </ul>	RTI Tiered Interventions following RTI framework     Support instruction with RTI intervention resources     Provide after school tutoring services     Basic Skills Instruction     Hold high expectations     Utilize Go Math! RTI strategies     Fountas and Pinnell Phonics     Hold parent conferences fall and spring     Make modifications to instructional plans based on I and RS Plan.     Develop a record system to encourage good behavior and completion of work.     Establish a consistent and daily routine.	Organize the curriculum to include more elaborate, complex, and in-depth study of major ideas and problems through Compacting.      Allow for the development and application of productive thinking skills to enable students to re-conceptualize existing knowledge and/or generate new knowledge.      Enable students to explore continually changing knowledge and information and develop the attitude that knowledge is worth pursuing in an open world.      Encourage exposure to, selection and use of appropriate and specialized resources.

reduce amount of items given for homework, quizzes, and tests.  Teach Tres 12, and 3 words to assist students' and a substantial stats.  Teach Tres 12, and 3 words to assist students' and a substantial stats.  Utilize a variety of formative assessments to drive next point of instructional practices.  Create rubrics/allow students to assist with task, so that all are aware of expectations.  Create modified assessments.  Allow students to utilize online books, when available, to listen to oral recorded reading.  Provide individualized assistance as necessary.  Utilize homework recorder within Sis.  Allow for group work  (strategically selected) and collaboration as necessary.  Utilize homework recorder within Sis.  Allow for copies of notes to be shared out.  Utilize assistive technology as appropriate.  Provide individualized assistance as necessary.  Utilize homework recorder within Sis.  Allow for copies of notes to see the state of the st			
	for homework, quizzes, and tests.  Teach Tiers 1,2, and 3 words to assist students' understanding of instructional texts.  Utilize a variety of formative assessments to drive next point of instruction/differentiated instructional practices.  Create rubrics/allow students to assist with task, so that all are aware of expectations.  Create modified assessments.  Allow students to utilize online books, when available, to listen to oral recorded reading.  Provide individualized assistance as necessary.  Allow for group work (strategically selected) and collaboration as necessary.  Utilize homework recorder within SIS.  Allow for copies of notes to be shared out.  Utilize assistive technology as appropriate.  Provide meaningful feedback and utilize teachable moments.  Utilize graphic organizers  Introduce/review study skills  Provide reading material at or slightly above students' reading levels.  Utilize manipulatives as necessary.	resources/recommendations Review Special Education listing for additional recommendations Establish a consistent and	self-directed learning and growth.  Provide for the development of self-understanding of one's relationships with people, societal institutions, nature and culture.  Continue to offer Accelerated Mathematics 7 (7th grade) and

deemed necessary.  Provide breaks to allow for refocusing as necessary.  Establish a consistent and daily routine.		